

BROCCOLI RABE

ANDY BOY PROPRIETARY SEEDS



With tender leaves and crisp florets, this bold veggie is not only extremely robust, but a powerful superfood.



Rotini with Broccoli Rabe & White Sauce



Broccoli Rabe Tropical Power Smoothie

BOOSTS IMMUNE SYSTEM

Get over 50% of your daily value of vitamins A & C in 3.5 oz

DETOXES

Contains sulfur which helps detoxify the liver

ALL IN ALL

Vitamins A, B, C, K, calcium, iron, magnesium, potassium, zinc and even some omega-3 fatty acids

IMPROVES DIGESTION

Contains 2 grams of fiber (insoluble & soluble) per cup

SUPPORTS HEART HEALTH

Contains strong anti-inflammatory nutrients, such as folate and vitamin C

PACK	PALLET CONFIGURATION	TIER/HIGH	CASE: L x W x D	Weight Per Carton
Full Pack	48 cartons per Pallet	8/6	19.08 x 11.06 x 11.04	20lb.
Half Pack	80 cartons per Pallet	8/10	19.08 x 11.06 x 7.0	10lb.
Organic Full Pack	48 cartons per Pallet	8/6	19.08 x 11.06 x 11.04	20lb.

ADVANTAGES

- Year-Round Availability
- Proprietary Seeds
- Versatile Usage

CARE & HANDLE

- Refrigerate Immediately: 34 - 36°F
- Wash Before Eating

For delicious and nutritious broccoli rabe recipes, visit: www.andyboy.com